

# Brown Belt Victory Report!

for \_\_\_\_\_ promotion date \_\_\_\_\_

(Please put a checkmark beside all requirements that have been successfully met)

1. Student has attended all classes and made up any absences \_\_\_\_\_

2. Student is applying Martial Art principles in the home,  
at school, and/or in the workplace (please describe on  
the back of this form) \_\_\_\_\_

X \_\_\_\_\_  
(students age 18 and under must have teacher signature)

3. Student can recite the entire Student Creed \_\_\_\_\_

4. Student has written a brief essay called "Why I Want  
to Be A Black Belt"\* (75 - 150 words; bring essay  
to Belt Promotion) \_\_\_\_\_

5. Student has completed a timed One Mile Run (or walk)\* \_\_\_\_\_

\*note: Please list the time here \_\_\_\_\_

Directions: Please complete this form and bring it with you to your Belt Promotion!  
Additional Forms are available at [www.karateisgoodforyou.com](http://www.karateisgoodforyou.com)

Student Signature \_\_\_\_\_ Parent Signature \_\_\_\_\_  
(if under age 18)